



# September Millburn Elementary Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Crispy Chicken Ranch Wrap Veggie of the Day Fruit of the Day	Turkey & Cheese Sandwich Veggie of the Day Fruit of the Day	Taco Salad w/ Nacho Chips Veggie of the Day Fruit of the Day
6	7	8	9	10
No School Labor Day	Crispy BBQ Chicken Wrap Veggie of the Day Fruit of the Day	Turkey & Cheese Sub Veggie of the Day Fruit of the Day	"Say Cheese" Sandwich Veggie of the Day Fruit of the Day	Crispy Chicken Ranch Wrap Veggie of the Day Fruit of the Day
13	14	15	16	17
Yogurt Fun Brunch Veggie of the Day Fruit of the Day	Italian Sub w/ Cheese Veggie of the Day Fruit of the Day	Turkey & Cheese Sandwich Veggie of the Day Fruit of the Day	Chicken Salad Wrap Veggie of the Day Fruit of the Day	Pizza Munchable w/ Cheese & Marinara Veggie of the Day Fruit of the Day
20	21	22	23	24
"Say Cheese" Sandwich Veggie of the Day Fruit of the Day	Turkey & Cheese Sub Veggie of the Day Fruit of the Day	Crispy Chicken Ranch Wrap Veggie of the Day Fruit of the Day	Cheddar Cheese Stick, Hard Boiled Egg, Dinner Rolls Veggie of the Day Fruit of the Day	Taco Salad w/ Nacho Chips Veggie of the Day Fruit of the Day
27	28	29 World School Milk Day	30	
Sun Butter & Jelly Sandwich Veggie of the Day Fruit of the Day	Crispy BBQ Chicken Wrap Veggie of the Day Fruit of the Day	Cheese Sticks w/ Tortilla Chips & Salsa Veggie of the Day Fruit of the Day	Turkey & Cheese Sandwich Veggie of the Day Fruit of the Day	

**FREE MEALS**  
To All Enrolled Students

**Included with Every Meal**  
Fruit and Vegetable  
Choice of Milk

**Arbor A+ Nutrition Mission**  
To serve students daily:

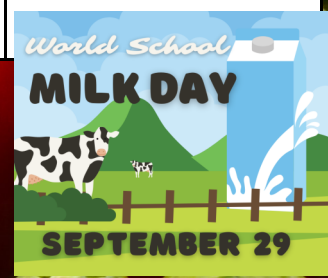
- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*-Arbor Management-*

**Make Choices for a Healthy Lifestyle!**

arbor online  
arboronline.com

For more information or to "Ask the Dietitian", check out our website!



Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.